

NORTHERN NEIGHBOURHOODS HEALTH ACTION ZONE

OPERATIONAL PLAN

APRIL 2008 – MARCH 2009

APPROVED AT NNHAZ
ADVISORY GROUP MEETING
ON 24TH APRIL 2008

INTRODUCTION

The Northern Neighbourhoods Health Action Zone is a community-led partnership initiative, which was established to tackle health inequalities and improve the health & social wellbeing of residents, in fourteen targeted neighbourhoods throughout the Northern Health & Social Services Board area. The Northern Health & Social Services Board is the lead statutory partner in the Health Action Zone.

The Northern Neighbourhoods Health Action Zone (NNHAZ) Operational Plan 08-09 sets out a range of actions that will be taken forward through the NNHAZ Initiative over the coming 12-month period to deliver the Strategic Themes and Objectives of the Health Action Zone, as outlined in its Strategic Plan 2006 –2008. These Strategic Themes are: the promotion of positive mental health; the provision of opportunities for education and empowerment, and the improvement of access to services and facilities.

During 2008/2009, NNHAZ will continue to implement its overarching aim of working with local people and key partners in the 14 identified Health Action Zone neighbourhoods, to create safe, good and healthy places to live.

This will continue to be taken forward in two main ways:

- via the further development of the local Community Action Plans in each area and the provision of support for their implementation; and
- by making links to existing programmes and services and developing new health-focused initiatives or projects which are of community interest and benefit across the NNHAZ areas.

The HAZ programmes of activity also contribute to the targets outlined within the Northern Investing for Health Partnership's Health Improvement Plan and the regional Investing for Health Strategy. NNHAZ will therefore continue to develop links between its activities and the NIfHP Health Improvement Plan and will support the implementation of the current individual health improvement strategies.

Actions within the Operational Plan are divided into five main sections (goals):

- Goal 1:** Develop the Health Action Zone Initiative and partnership
- Goal 2:** Support development and implementation of Community Action Plans (CAPs) at local level in NNHAZ neighbourhoods
- Goal 3:** Development and Implementation of HAZ Special Initiatives
- Goal 4:** Support sharing of learning from HAZ initiative and networking within NNHAZ neighbourhoods
- Goal 5:** Support implementation of NIfHP Health Improvement Plan within NNHAZ communities

These goals have been devised in order to create a comprehensive and clear method of mapping the activity of the Health Action Zone, which takes account of the Key Strategic Themes, Objectives and Aims of the Health Action Zone. Goal five also clearly demonstrates how the Health Action Zone contributes to the delivery of the Investing for Health Objectives and Targets.

This Operational Plan has been approved by the NNHAZ Advisory Group on 24th April 2008.

Implementation of this Operational Plan is conditional on a full complement of NNHAZ staff: 1 Co-ordinator, 2 Support Officers and 1 Administrator.

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
1.0 Develop the Health Action Zone Initiative & Partnership	1.1 Consult with NNHAZ Strategic Group and Advisory Group regarding development of NNHAZ Strategic Plan for 2009 Onwards	HAZ Strategic Group HAZ Advisory Group HAZ Evaluation Group NNHAZ Neighbourhoods	1,2,3,4,5,6,7 8,9	September 2008	<ul style="list-style-type: none"> ■ Development of strategy for implementation of Health Action Zone for 2009 onwards 	<ul style="list-style-type: none"> ■ Sustain / Increase ownership of NNHAZ initiative among partner organisations ■ Clear strategic direction developed for NNHAZ
	1.2 Engage in consultation opportunities regarding the Review of Public Administration to advocate continuation of the NNHAZ model	HAZ Advisory Group NNHAZ Neighbourhoods HAZ Strategic Group	1,2,3,4,5,6,7 8,9	Ongoing March 2009	<ul style="list-style-type: none"> ■ Development and submission of written responses to consultations which have been approved by the NNHAZ Advisory Group ■ Contribute to NHSSB and Public Health responses 	<ul style="list-style-type: none"> ■ Maintenance of NNHAZ approach to improve health & wellbeing and tackle health inequalities in the 14 designated HAZ areas

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	1.3 Review and revise the role, functions and membership of the NNHAZ Structural Groups: Advisory Group, Evaluation Group, Strategic Group	HAZ Strategic Group HAZ Advisory Group HAZ Evaluation Group NNHAZ Neighbourhoods	1,2,3,4,5,6,7 8,9	October 2008	<ul style="list-style-type: none"> ■ Increased membership of current NNHAZ structural groups ■ Clear terms of reference developed and signed up to by all group members ■ Compliance with NHSSB partnership protocol 	<ul style="list-style-type: none"> ■ Increase/ sustain partner participation and ownership of the HAZ Initiative
	1.4 Develop a framework to monitor performance against HAZ Strategic Plan	IFH / NifHP DHSSPS NNHAZ Evaluation Group	1,2,3,4,5,6,7 8,9	December 2008	<ul style="list-style-type: none"> ■ Develop Operational Plan with measurable outcomes/ outputs ■ NNHAZ incorporate IFH performance indicators 	<ul style="list-style-type: none"> ■ Improved performance Management of the HAZ Initiative ■ Clearer understanding of the NNHAZ model and how it contributes to improving health and wellbeing

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	1.5 Undertake review of current levels of support required by existing HAZ neighbourhoods	Interagency Partnerships HAZ neighbourhoods Advisory Group	1,2,3,4,5,6,7 8,9	June 2008	<ul style="list-style-type: none"> ■ Review completed re level of support provided to / required by existing HAZ communities. 	<ul style="list-style-type: none"> ■ Efficient implementation of NNHAZ Initiative - limited resources directed to where they are most needed
2.0 Support development and implementation of Community Action Plans (CAPs) at local level in NNHAZ Neighbourhoods	2.1 Undertake review of CAPs in HAZ Neighbourhoods in conjunction with local communities and Interagency Partnerships and establish priority actions	Interagency Partnerships HAZ neighbourhoods	1,2,3,4,5,6,7 8,9	Ongoing / March 2009	<ul style="list-style-type: none"> ■ 14 Community Action Plans agreed with key stakeholders ■ Priority areas of work identified for each Community Action Plan- agreed with local community and other key partners ■ Implementation of actions within Community Action Plans 	<ul style="list-style-type: none"> ■ Co-ordinated partnership approach to identification of needs and delivery of actions to improve health and wellbeing of residents in NNHAZ areas
	2.2 Support community and partner	Interagency Partnerships HAZ	1,2,3,4,5,6,7 8,9	Ongoing / March 2009	<ul style="list-style-type: none"> ■ Identify and secure resources to facilitate implementation of 	<ul style="list-style-type: none"> ■ Sustained/ Increased capacity within community

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	organisations to secure financial support and resources to deliver programmes to facilitate implementation of Community Action Plans	neighbourhoods			Community Action Plans ■ Annual summary report produced showing progress against each Community Action Plan.	groups to secure resources ■ Locally based initiatives to improve health and wellbeing and tackle health inequalities ■ Sustained/ Increased social capital in NNHAZ areas
	2.3 Facilitate partnership working by engaging new partners as appropriate and establishing / reviewing interagency steering groups where required	Interagency Partnerships HAZ Neighbourhoods IFH partnership Councils NIHE DSD	1,2,3,4,5,6,7 8,9	Ongoing / March 2009	■ Facilitate engagement of new and existing partners in interagency steering groups ■ Establish Steering groups for areas/ projects as required ■ Improved partnership working between key stakeholders	■ Improved / sustained partnership working to tackle health inequalities ■ Increased understanding of the HAZ model of tackling health inequalities

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
3.0 Development and Implementation of HAZ Special Initiatives	3.1 Implement & Evaluate Phase 2 of the Healthy Breaks Programme : a healthy eating, oral health & physical activity programme targeting primary schools in the NHSSB area	Healthy Breaks Steering Group 14 HAZ neighbourhoods All primary schools across NHSSB area (~260)	1,2,3,4,5,6,7 8,9	January 2009	<ul style="list-style-type: none"> ■ At least 100 primary schools implementing Healthy Breaks ■ Over 10,000 beneficiaries participating in programme ■ External Evaluation of Phase 2 completed ■ 40,000 information booklets distributed to Parents & Carers ■ Links established with DHSSPS and other healthy eating / obesity prevention programmes 	<ul style="list-style-type: none"> ■ Contribute to IFH/ PFA targets re reduced obesity in children and young people ■ Increased understanding of balanced diet among primary schools aged children and their parents & carers ■ Schools contributing to the implementation of the Fit Futures Strategy
	3.2 Delivery of the 'Health Based	Supporting Communities NI	1,2,3,4,5,6,7 8,9	Ongoing March 2009	<ul style="list-style-type: none"> ■ 14 HAZ neighbourhoods engaged in 	<ul style="list-style-type: none"> ■ Improved community access to

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	Events' programme: a health and wellbeing programme designed to support the HAZ neighbourhoods to make healthier choices and tackle health inequalities	HAZ neighbourhoods			<p>delivering health and wellbeing programmes</p> <ul style="list-style-type: none"> ■ Over 1000 beneficiaries from NNHAZ areas ■ End report produced and circulated to share learning 	<p>information on health and lifestyle issues</p> <ul style="list-style-type: none"> ■ Communities empowered to make healthier choices ■ Improved health and wellbeing of residents in NNHAZ areas
	3.3 Implementation of the NNHAZ Telecare Programme: provision of Assistive technology to support independent living	<p>Fold</p> <p>NHSSB</p> <p>NHSSB/ NHSCT Telecare Steering Group</p>	1,2,3,4,5,6,7 8,9	Ongoing March 2009	<ul style="list-style-type: none"> ■ Visits (by Fold) to all recipients of Telecare packages to review needs ■ 105 telecare packages upgraded & maintained ■ 24hour service provided to all Telecare clients by Fold ■ Service 	<ul style="list-style-type: none"> ■ Increased evidence of impact of assistive technology in supporting people to continue to live independently ■ More efficient use of existing HPSS resources in supporting clients with low level care needs ■ Improved health

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
					Monitoring Reports produced X2 per year by Fold	& wellbeing of recipients and their carers
	3.4 Implementation and evaluation of 'Networking Neighbourhoods' Programme: A programme of study visits and networking within the NNHAZ communities to share learning and good practice	Supporting Communities NI NNHAZ Communities Interagency Partnerships	1,2,3,4,5,6,7 8,9	June 2008 And December 2008	<ul style="list-style-type: none"> ■ 2 study visits completed engaging all 14 HAZ neighbourhoods and partners ■ End Report produced to share learning within HAZ network ■ Website section produced to share learning from visits outside HAZ network 	<ul style="list-style-type: none"> ■ Increased / Sustained awareness among communities and partners of successful programmes and services which are improving health & wellbeing in NI ■ Sharing of learning and good practice within the HAZ network
	3.5 Co-ordination of a training event for participants from NNHAZ	NNHAZ communities NNHAZ partner	1,2,3,4,5,6,7 8,9	March 2009	<ul style="list-style-type: none"> ■ 1 training event / workshop delivered ■ 20 beneficiaries/ 	<ul style="list-style-type: none"> ■ Improved skills, self esteem and educational attainment within NNHAZ

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	neighbourhoods	organisations			participants <ul style="list-style-type: none"> ■ end report produced and circulated to share learning 	communities <ul style="list-style-type: none"> ■ Increased knowledge of issues affecting health and wellbeing ■ Increased / sustained social capital in NNHAZ areas
4.0 Support sharing of learning and networking within NNHAZ Neighbourhoods	4.1 Develop and implement communications strategy (within and outside HAZ) including website, newsletter/end reports, press releases & publications	NNHAZ Advisory Group IFH Communications Manager NNHAZ partner organisations	1,2,3,4,5,6,7 8,9	Ongoing Summer 08, Autumn/Winter 08, Spring 09 Ongoing / by March 2009 Ongoing / by March 2009	<ul style="list-style-type: none"> ■ Maintain up to date HAZ website ■ 3 'Neighbourhood News' produced per year ■ end reports produced for all 5 'Special Initiatives' ■ 5 press releases issued 	<ul style="list-style-type: none"> ■ Raised profile of NNHAZ initiative and community achievements within HAZ network of partner organisations and wider community ■ Systems in place to support sharing of learning and communications within and outside the NNHAZ partnership

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	4.2 Update NNHAZ partner database to facilitate sharing of information and learning	All NNHAZ partners	1,2,3,4,5,6,7 8,9	Ongoing	<ul style="list-style-type: none"> ■ Revised database produced and in use (postal) ■ Revised e mail database 	<ul style="list-style-type: none"> ■ Systems in place to support sharing of learning and communications within and outside the NNHAZ partnership
	4.3 Sharing learning between communities and others	All NNHAZ partners NNHAZ communities	1,2,3,4,5,6,7 8,9	Ongoing/ before end March 2009 Ongoing/ before end March 2009	<ul style="list-style-type: none"> ■ 2 networking events for NNHAZ communities and partners(see 3.4) ■ 1 training event for NNHAZ communities & partners (see 3.5) 	<ul style="list-style-type: none"> ■ Increased / sustained awareness among communities and partners of successful programmes and services which are improving health & wellbeing in NI ■ Sharing of learning and good practice within the HAZ network

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
5.0 Support implementation of NifHP Health Improvement Plan within NNHAZ communities <i>(cross - referenced with NifHP Health Improvement Plan 08-09)</i>	5.1 Support implementation of IFH Communication Strategy. <i>(HIP Action 1.1)</i>	NIFHP HAZ Communities HAZ Advisory Group	1,2,3,4,5,6,7 8,9	Ongoing/ March 2009	■IFH programmes and actions profiled in 'Neighbourhoods News' and acknowledged in HAZ publications	■Raised profile of IfH within partner organisations and the wider community.
	5.2 Actively promote community involvement. <i>(HIP Action 1.3)</i>	HAZ Communities HAZ Strategic Group Interagency Partnerships	1,2,3,4,5,6,7 8,9	Ongoing / March 2009	■ Communities from 14 NNHAZ areas actively involved in developing and implementing Community Action Plans	■ Improved / sustained community involvement in policy development, planning and implementation in relation to the IFH agenda
	5.3 Review /develop performance measurements to ensure that activity being taken forward by partners in delivering on the IfH targets is being captured in a consistent format <i>(HIP Action 1.5)</i>	HAZ Evaluation Group HAZ Advisory Group HAZ Strategic Group	1,2,3,4,5,6,7 8,9	Ongoing/ March 2009	■NNHAZ Operational Plan cross-referenced with the HIP to ensure consistency in performance measurement against IFH targets.	■Increased evidence of impact initiatives are having on improving health and well-being ■Effective implementation of the Health Improvement Plan

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	5.4 Support Councils to develop locally focused Health and Well-being Plans that take forward the implementation of the wider NIfHP Health Improvement Plan 2003-08 (HIP Action 1.8)	Cookstown Borough Council NIHE Supporting Communities RGS Residents Association	1,2,3,4,5,6,7 8,9	Ongoing/ March 2009	<ul style="list-style-type: none"> ■ Establish & maintain Health & Wellbeing Forum in Cookstown, in partnership with Cookstown District Council, to support revision and implementation of Community Action Plan for local HAZ neighbourhood 	<ul style="list-style-type: none"> ■ Locally based initiatives that are improving health and social well-being
	5.5 Support Implementation of year 2 of the CAB Advice4Health pilot project (HIP Action 2.2)	Newtownabbey/ Larne/ Carrickfergus/ Antrim/ Ballymena/ Magherafelt/ Cookstown/ Coleraine CABs NHSSB NHSCT	5,6,7 E,Fi, Fii, G	Ongoing / March 2009	<ul style="list-style-type: none"> ■ engagement of CAB in Community Health Fairs and events to raise awareness of Advice 4 Health ■ NNHAZ participation on Advice 4 Health Steering Group 	<ul style="list-style-type: none"> ■ Improved levels of weekly income for vulnerable clients ■ Increased capacity for HPSS professionals to focus on wider health and social care needs of clients
	5.6 Support the implementation of the Fuel Poverty Strategy and Action Plan	Fuel Poverty Steering Group 10 Councils NNHAZ	5,6,7 E,Fi,Fii	Ongoing / March 2009	<ul style="list-style-type: none"> ■ Develop publication in partnership with NEA ■ Link NNHAZ 	<ul style="list-style-type: none"> ■ Implementation of the agreed Strategy and Action Plan. ■ Ownership and

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	(HIP Action 2.3)	communities NHSSB			communities with local fuel poverty advisors ■ NNHAZ participation on Fuel Poverty Steering Group	commitment from key local agencies and groups to take action on fuel poverty.
	5.7 Support implementation of the Home Accident Prevention/ Childhood Injury Prevention Action Plan (HIP Action 3.1)	NHSSB Local Home Accident Prevention Committees NHSCT Northern Ireland Fire and Rescue Service NIHE Local Councils NEELB NNHAZ	3, 5 Ci, Cii, E, Fi Fii	Ongoing / March 2009	<ul style="list-style-type: none"> ■ NNHAZ participation on HAP/CIP Steering Group ■ Co-ordination of visits for NNHAZ communities to Hazard House ■ Support delivery of TMV programme in Ballysally and New Mossley ■ Support implementation of home safety equipment referral scheme in HAZ 	<ul style="list-style-type: none"> ■ Contribution to IFH/ PFA targets re reduction in the number of serious accidents and deaths caused due to accidents in the home setting ■ Better use of resources on the ground due to better joined up working ■ Contribute towards IFH targets re reduced demand on A & E services

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
					communities	
	5.8 Support links between Health Sector and DSD Neighbourhood Renewal (HIP Action 3.5)	IFH NHSCT DSD	1,2,6,7,9 Fi, Fii, G, I	Ongoing/ March 2009	<ul style="list-style-type: none"> ■ Establishment and chair a senior level co-ordination team to facilitate joint working between DSD Neighbourhood Renewal and Health Sector ■ NNHAZ staff actively engaged in the NR Partnerships in Ballymena South and Coleraine East. 	<ul style="list-style-type: none"> ■ Improved targeting of resources to maximise impact on improving health and well-being of local communities ■ Good communication between IFH, NNHAZ, NHSCT & DSD NR
	5.9 Support implementation of the IfH agenda in relation to housing issues (HIP Action 3.7)	NIHE NHSSB Relevant community and voluntary organisations	1, 2, 3, 5, 6,7	Ongoing/ March 2009	<ul style="list-style-type: none"> ■ NIHE representation on all Interagency Partnerships across the HAZ neighbourhoods to support the development and delivery of the Local NNHAZ Community Action Plans. ■ NIHE 	<ul style="list-style-type: none"> ■ Improved health and well-being with regard to housing and locality issues ■ Improved linkages between housing and NNHAZ

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
					representation on NNHAZ Advisory Group & Strategic Group	
	5.10 Support implementation of the Northern Tobacco Control Group (NTCG) action plan (HIP Action 4.1)	NTCG NHSSB NifHP NNHAZ	1,4,5,6 E, Fi, Fii	Ongoing / March 2009	<ul style="list-style-type: none"> ■NHAZ Participation on Tobacco Control Group and Smoking in Youth Group ■Support establishment of smoking cessation clinic in Glenfield, Carrickfergus. ■Promote no-smoking day and brief intervention training opportunities to all HAZ areas 	<ul style="list-style-type: none"> ■Progress towards the achievement of the Tobacco Action Plan targets: to prevent people from starting to smoke, help smokers quit and protect non-smokers from tobacco smoke.
	5.11 Continue to support the Northern Drug and Alcohol Co-ordination Team in implementing	NDACT NHSSB NifHP	3,4,5,6,7,8,9 Ci, Cii, Di, Dii, Fi , Fii	Ongoing / March 2009	<ul style="list-style-type: none"> ■Regular sharing of information on Drugs & Alcohol Training Programmes & funding opportunities 	<ul style="list-style-type: none"> ■Progress towards implementation of the new Drug and Alcohol Strategies

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	the Regional Alcohol and Drug Strategies (HIP Action 4.3)				across 42 community based organisations within NNHAZ network	<ul style="list-style-type: none"> ■Contribution towards the IFH / PFA targets re Reduction in drug and alcohol related harm
	5.12 Continue to support the Northern Partnership for Physical Activity (NPPA) to promote physical activity among local communities (HIP Action 4.4)	NPPA NifHP NHSSB NHSCT Local Councils HAZ communities SCNI	4,5,8,9 Di, E , Fi, Fii, I	Ongoing / March 2009	<ul style="list-style-type: none"> ■Physical activity programmes, targeting all ages ranges, funded across 14 NNHAZ neighbourhoods through Health Based Events Programme, delivered in partnership with Supporting Communities NI ■Links developed between NNHAZ neighbourhoods and local Council sports development officers. 	<ul style="list-style-type: none"> ■Increased uptake of physical activity & awareness of the benefits of physical activity ■ Increased access to appropriate activities ■ Contribution to the implementation of Fit Futures ■ Improved/ sustained health and well-being.
	5.13 Continue to support Obesity Sub-group/ Fit	NIFHP NHSCT	4,5,6,8,9 Di, Dii, E, Fi, Fii, I	Ongoing / March 2009	<ul style="list-style-type: none"> ■Support rollout of Fit Futures Grant Programme to communities in 	<ul style="list-style-type: none"> ■Support and develop programmes to promote healthy

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	Futures (HIP Action 4.6)	Supporting Communities NI			NHSSB area ■Provision of support to community group in Ballysally to establish Healthy Eating Café ■Delivery of Healthy Breaks & Health Based Events Programmes	eating. ■Contribute to the IFH / PFA targets re Reduction in obesity, particularly in children ■Sharing of good practice between professions/ sectors
	5.14 Support the implementation of the Oral Health Strategy (HIP Action 4.7)	NHSCT E&LB IFH Primary Schools NHSSB	4,5,6,8,9 Cii, Di, Dii, E, Fi, Fii	Ongoing/ December 2008	■Implementation of the Healthy Breaks Programme across NHSSB area	■Contribute to PFA / IFH targets re Improved oral health including reduction in the gap between the best and worst decay scores
	5.15 Continue to support the Promoting Mental Health Strategy Implementation Group in developing and	Promoting Mental Health and Suicide Prevention Strategy Implementation Group	5,6,9 E, Fi, Fii, I	Ongoing / March 2009	■Provision of support to NNHAZ communities to access funding for mental health programmes through Community	■Increased awareness of the determinants of mental and emotional health and reduced discrimination against people

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
	delivering a local action plan (HIP Action 4.9)				<p>Network grants</p> <ul style="list-style-type: none"> ■ Linking community based organisations in 14 NNHAZ areas to programmes funded under the Promoting Mental Health Strategy and action plan 	<p>with mental health problems</p> <ul style="list-style-type: none"> ■ Improved mental and emotional well-being
	5.16 Support the implementation of 'Protect Life' Suicide Prevention Strategy and Action Plan (HIP Action 4.10)	NIfHP Promoting Mental Health and Suicide Prevention Strategy Implementation Group	5,6,9 E, Fi, Fii ,I	Ongoing/ March 2009	<ul style="list-style-type: none"> ■ Participation on Mental Health/ Suicide Prevention Strategy Implementation Group ■ Training & grants information disseminated to community organisations in NNHAZ neighbourhoods ■ Provision of training programmes to parents & carers 	<ul style="list-style-type: none"> ■ Improved mental and emotional well-being in people at risk or vulnerable ■ Contribute towards IFH/ PFA target re reduction in rates of suicide and self harm

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
					in NNHAZ areas	
	5.17 Support the local Teenage Pregnancy and Parenthood Strategy Group (HIP Action 4.11)	Teenage Pregnancy and Parenthood Strategy Group NNHAZ communities	4,6,7,8, 9 E, Fi, Fii, Hii, I	Ongoing / March 2009	<ul style="list-style-type: none"> ■ participation on Teenage Pregnancy and Parenthood Strategy Group ■ Disseminate information on training programmes & opportunities for community groups 	<ul style="list-style-type: none"> ■ Raised awareness of sexual health and teenage pregnancy issues ■ Progress towards implementation of the Regional Teenage Pregnancy and Parenthood Strategy and Action Plan
	5.18 Support the Glenfield Nurse Practitioner pilot project, aimed at providing local community access to health care professionals (HIP Action 4.16)	NHSCT NNHAZ Glenfield Community Association	4,5,6 Di, Dii, E,F	Ongoing/ March 2009	<ul style="list-style-type: none"> ■ participation on NHSCT-led Steering Group for Nurse Led Clinic ■ support nurse to get clinic re-established and promoted within Carrickfergus ■ Provision of resources through Health Based Events 	<ul style="list-style-type: none"> ■ Faster access to routine health and social care services ■ Improved access to information on health and lifestyle issues

Goal	Action	Key Partners	IFH Obj/ Target	Timescale	Outputs	Outcomes
					programme to facilitate nurse clinic	

Appendix 1 - The Strategic Themes and Objectives of NNHAZ are:

<p>Theme 1</p> <p>The promotion of POSITIVE MENTAL HEALTH</p>	<p>Theme 2</p> <p>Providing opportunities for EDUCATION AND EMPOWERMENT – personal and community</p>	<p>Theme 3</p> <p>The improvement of ACCESS TO SERVICES AND FACILITIES which directly or potentially have a positive impact on health and social well-being</p>
<p>Objectives</p> <ul style="list-style-type: none"> ■ Develop responses to antisocial behaviour threatening community safety and creating fear ■ Explore and address housing concerns ■ Make improvements to the wider living environment ■ Support steps towards improved community relations and reduction in sectarianism ■ Support the development of improved social networks thus reducing social isolation. 	<p>Objectives</p> <ul style="list-style-type: none"> ■ Establish community led and focused health promotion activities ■ Support the provision of opportunities for pre-vocational and vocational training ■ Build capacity and sustainability of community groups and community activities. 	<p>Objectives</p> <ul style="list-style-type: none"> ■ Explore options for improved accessibility to transport and telecommunications services ■ Support communities to explore possibilities for improved community facilities, play facilities etc ■ Examine possibilities for the relocation of some health and personal social services ■ Build community capacity in relation to awareness of statutory and other responsibilities. Develop effective lobbying skills.

Appendix 2: Investing for Health Objectives and Targets

GOAL/OBJECTIVE		TARGET	
1.	To offer everyone the opportunity to live and work in a healthy environment and to live in a decent affordable home.	A	To lift at least 20,000 households out of fuel poverty by December 2004. Over the 2 year period April 2002 to March 2004, to support housing providers to build around 2,400 lower cost, affordable homes for people on lower incomes.
2.	To improve our neighbourhoods and wider environment.	B	To reduce levels of respiratory and heart disease by meeting the health-based objectives for the 7 main air pollutants by 2005.
3.	To reduce accidental injuries and deaths in the home, workplace and from collisions on the road.	Ci)	To reduce the death rate from accidents in people of all ages by at least one fifth between 2000 and 2010.
		Cii)	To reduce the rate of serious injuries from accidents in people of all ages by at least one tenth between 2000 and 2010.
4.	To enable people to make healthier choices.	Di)	To stop the increase in the levels of obesity in men and women so that by 2010, the proportion of men who are obese is less than 17%, and of women to less than 20%.
		Dii)	By 2010 to increase the levels of 5 year old children with no dental decay experience to 55% and to reduce the gap between the best and worst decayed/missing/filled scores by 20%.
5.	To improve the health of our people by increasing the length of their lives and increasing the number of years they spend free from disease, illness and disability.	E	To improve the levels of life expectancy here towards the levels of the best EU countries, by increasing life expectancy by at least 3 years for men and 2 years for women between 2000 and 2010.

Appendix 2: Investing for Health Objectives and Targets

GOAL/OBJECTIVE		TARGET	
6.	To reduce inequalities in health between geographic areas, socio-economic and minority groups.	Fi)	To halve the gap in life expectancy between those living in the fifth most deprived electoral wards and the average life expectancy here for both men and women between 2000 and 2010.
		Fii)	To reduce the gap in the proportion of people with a long standing illness between those in the lowest and highest socio-economic groups by a fifth between 2000 and 2010.
7.	To reduce poverty in families with children.	G	To be formulated when baseline data available.
8.	To enable all people and young people in particular to develop the skills and attitudes that will give them the capacity to reach their full potential and make healthy choices.	Hi)	In the 25% of Primary Schools with the highest percentage Free School Meal Entitlement (FSME), to reduce the proportion of pupils not achieving the expected level (level 4) at Key Stage 2 to 25% in both English and Mathematics by 2005/06.
		Hii)	In the 25% of Secondary Schools with the highest percentage FSME, to reduce the proportion of year 12 pupils achieving no GCSEs to 5% by 2005/06.
9.	To promote mental health and emotional well-being at individual and community level.	I	To reduce the proportion of people with a potential psychiatric disorder (as measured by the GHQ-12 score) by a tenth by 2010.

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