

# Northern Neighbourhoods Health Action Zone

## End of Year Report April 2007- March 2008

March 2008



## END OF YEAR REPORT 2007-2008

The NNHAZ End of Year Report 2007 – 2008, sets out the range of actions which have been taken forward by the NNHAZ Staff Team, in conjunction with key NNHAZ partners including the 14 NNHAZ neighbourhoods, over the past year, which contribute to the implementation of the NNHAZ Strategic Plan 2006 -2008.

As a key partner in the Northern Investing for Health Partnership (NifHP), progress and achievements within NNHAZ are also captured within the NifHP's Health Improvement Plan, which supports the delivery of the longer term Investing for Health objectives and targets. Implementation of the Health Action Zone Strategic Plan is specifically referenced at Action 4.14 in the Health Improvement Plan.

Actions contained within the NNHAZ End of Year Report 2007-2008 are divided into five main sections (goals):

- Goal 1:** Develop and implement the NNHAZ Strategic Plan 2006 –2008
- Goal 2:** Support development and implementation of CAPs at local level in NNHAZ neighbourhoods
- Goal 3:** Development and Implementation of HAZ Special Initiatives
- Goal 4:** Support sharing of learning from HAZ initiative and networking within NNHAZ neighbourhoods
- Goal 5:** Support implementation of NifHP Health Improvement Plan within NNHAZ communities

These goals have been devised in order to create a comprehensive and clear method of mapping the activity of the Health Action Zone, which takes account of the Key Strategic Themes, Objectives and Aims of the Health Action Zone. Goal five also clearly demonstrates how the Health Action Zone Contributes to the delivery of the Investing for Health Objectives and Targets.

This report is presented in 2 sections:

- Section 1- Update against the NNHAZ Operational Plan 2007-2008
- Section 2 - Progress in the 14 HAZ neighbourhoods against the three strategic themes of the Health Action Zone Initiative during 2007 -2008

**SECTION 1: Update against the NNHAZ  
Operational Plan 2007-2008**

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
1.0 Develop and implement the NNHAZ Strategic Plan 2006 -2008	1.1 Undertake widespread partner consultation to inform HAZ Strategic Plan 2006-2008 and produce final strategic plan incorporating recommendations	HAZ Strategic , Management and Evaluation Groups 14 HAZ neighbourhoods NHSSB NifHP & IFH Team DHSSPS		October 2007	<ul style="list-style-type: none"> <li>• Strategic Plan 2006-2008 produced &amp; available to download from NNHAZ website</li> <li>• Executive summary produced</li> </ul>	<ul style="list-style-type: none"> <li>• Strategic Plan and Executive produced and available to download from NNHAZ website</li> </ul>
	1.2 Develop a mechanism to monitor performance against HAZ Strategic Plan	IFH/ NifHP DHSSPS NNHAZ Evaluation Group		Ongoing	<ul style="list-style-type: none"> <li>• Develop HAZ Action Plan with measurable outcomes/ outputs</li> <li>• NNHAZ incorporate IFH Performance Indicators</li> </ul>	<ul style="list-style-type: none"> <li>• NNHAZ Action Plan (Operational Plan) produced for 2007-2008</li> <li>• HAZ engaged in HIP review meetings with all IFH./ NNHAZ Strategic Partners</li> <li>• NNHAZ Action Plan/ Operational Plan cross-referenced with Health Improvement Plan</li> <li>• HAZ feedback in HIP end of Year review for DHSSPS</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
2.0 Support development and implementation of CAPs at local level in NNHAZ neighbourhoods	2.1 Undertake review of CAPs in 14 HAZ neighbourhoods in conjunction with local communities and other key stakeholders and establish priority actions	Interagency Steering Groups 14 HAZ neighbourhoods		ongoing	<ul style="list-style-type: none"> <li>14 CAPS agreed with key stakeholders</li> <li>Priority areas of work identified for each CAP- agreed with local community and other key partners</li> </ul>	<ul style="list-style-type: none"> <li>12 CAPS reviewed and revised with Interagency Partnerships – available to download from website</li> </ul>
	2.2 Support community and partner organisations to secure financial support and resources to deliver programmes to facilitate implementation of CAPs	Interagency Steering Groups 14 HAZ neighbourhoods		Ongoing	<ul style="list-style-type: none"> <li>Identify and secure resources to facilitate implementation of CAPs</li> <li>14 Annual report/ summaries produced showing progress against community action plans</li> </ul>	<ul style="list-style-type: none"> <li>14 Annual report/ summaries produced showing progress against community action plans</li> <li>£394,196 secured to support implementation of CAPS</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	2.3 Facilitate partnership working by engaging new partners as appropriate and establishing interagency steering groups where required	Interagency Steering Groups 14 HAZ neighbourhoods		ongoing	<ul style="list-style-type: none"> <li>Facilitate engagement of new and existing partners in interagency steering groups</li> <li>Establish steering groups for areas/projects as required</li> <li>Improved partnership working between communities and agencies</li> </ul>	<ul style="list-style-type: none"> <li>11 Interagency Partnerships supported and maintained across NNHAZ areas</li> <li>Project Steering Groups maintained for Health Based Events and Healthy Breaks Programmes</li> <li>New partners engaged in Interagency Partnerships e.g. Environmental Health representatives, CAB representatives</li> </ul>
3.0 Development and Implementation of HAZ Special Initiatives	3.1 Healthy Breaks	Healthy Breaks Steering Group 14 HAZ neighbourhoods 28 primary schools		March 2008	<ul style="list-style-type: none"> <li>28 schools engaged in programme with healthy break policies in place</li> <li>Increased participation in physical activity at breaktimes</li> <li>Programme</li> </ul>	<ul style="list-style-type: none"> <li>Delivery of Healthy Breaks Programme across NHSSB area in partnership with NHSCT &amp; Education and Library Boards – 128 primary schools engaged in programme.</li> <li>External evaluation completed and available</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
					evaluation completed by external evaluator <ul style="list-style-type: none"> <li>• Resource pack developed for teachers</li> <li>• Parent / Carer information booklet produced</li> <li>• 3 schools forums</li> <li>• 4 newsletters produced</li> <li>• links established with DHSSPS and other programmes</li> </ul>	to download from NNHAZ website <ul style="list-style-type: none"> <li>• Teachers Resource Pack developed as CD Rom and distributed to all primary schools in NHSSB area</li> <li>• Teacher training offered to all primary schools in NHSSB area – 128/ 256 schools participated</li> <li>• 8 schools forums undertaken and 4 newsletters produced</li> <li>• Programme showcased at UK-wide dietetics conference</li> </ul>
	3.2 Health Based Events	NITAP 14 NNHAZ neighbourhoods IFH		March 2008	<ul style="list-style-type: none"> <li>• 14 neighbourhoods engaged</li> <li>• Over 2000 beneficiaries</li> <li>• 28 events/ activities/ programmes re health and wellbeing delivered</li> <li>• End report</li> </ul>	<ul style="list-style-type: none"> <li>• Health Based Events programmes focused on physical activity, healthy eating, smoking cessation, mental health &amp; wellbeing, essential skills, fuel poverty and other topics completed across 14 HAZ neighbourhoods.</li> <li>• End Report produced to</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
					produced and circulated to share good practice	capture and share learning
	3.2 Telecare	Fold		March 2008	<ul style="list-style-type: none"> <li>• See 5.11</li> </ul>	<ul style="list-style-type: none"> <li>• See 5.11</li> </ul>
4.0 Support sharing of learning from HAZ initiative and networking within NNHAZ neighbourhoods	4.1 Develop and implement communications strategy (within and outside NNHAZ) including website, newsletter/ end reports, press releases, publications, HAZ leaflet	NNHAZ		Ongoing	<ul style="list-style-type: none"> <li>• Communications Strategy produced</li> <li>• Revised and updated HAZ website produced</li> <li>• 4 newsletters produced per year</li> <li>• 3 end reports produced</li> <li>• Increased awareness of HAZ</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ website revised and relaunched with community sections for each HAZ neighbourhood</li> <li>• 4 Neighbourhood News produced and distributed</li> <li>• End Reports produced for Health Based Events and Health Breaks</li> <li>• 8 press releases issued</li> </ul>
	4.2 Update partner database to facilitate sharing of information and learning	NNHAZ		Ongoing	<ul style="list-style-type: none"> <li>• Revised postal database produced and in use</li> <li>• Revised email database produced and in use</li> </ul>	<ul style="list-style-type: none"> <li>• Postal database and email database continuously updated and revised and used to share learning with all NNHAZ partners and communities</li> </ul>

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	4.3 Sharing learning between NNHAZ communities and with communities and partners outside NNHAZ	NNHAZ communities IFH partnership NNHAZ partnership		Ongoing March 2008	<ul style="list-style-type: none"> <li>• 1 conference per year to showcase progress and achievements</li> <li>• opportunities for sharing learning between communities (within and outside NNHAZ)</li> <li>• 1 training event per year</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ annual Conference &amp; networking event undertaken in October 2007 with over 180 delegates</li> <li>• HAZ training event on fuel poverty, energy efficiency and money matters delivered with NEA and CAB in February 2008 – 40 participants</li> <li>• 3 Study visits between HAZ communities undertaken</li> </ul>
5.0 Support implementation of NifHP Health Improvement Plan within NNHAZ communities <i>(cross -</i>	<b>5.1</b> Implementation of IFH Communication Strategy <i>(HIP Action 1.1)</i>	NifHP including NNHAZ	All	Ongoing	<ul style="list-style-type: none"> <li>• Improved knowledge and awareness of the range of IFH HIP related actions being taken forward by partner organisations</li> </ul>	<ul style="list-style-type: none"> <li>• IFH programmes and actions profiled in NNHAZ magazine 'Neighbourhoods News' – produced three times per year</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
<i>referenced with NifHP HIP 07-08 review)</i>	<b>5.2</b> Analyse regional key indicators dataset and identify key areas where health inequalities are greatest <b>(HIP Action 1.2)</b>	NifHP including NNHAZ	All	Ongoing	<ul style="list-style-type: none"> <li>Report setting out broad areas where health inequalities locally appear to be greatest.</li> <li>Regional consistency in measuring progress against achieving the IfH targets</li> </ul>	<ul style="list-style-type: none"> <li>NNHAZ needs assessments / Community Action Plans monitored and reviewed across 14 HAZ neighbourhoods in partnership with local Interagency Partnerships- to tackle health inequalities and improve health &amp; wellbeing</li> </ul>
	<b>5.3</b> Actively promote community involvement <b>(HIP Action1.3)</b>	NifHP including NNHAZ	All	Ongoing	<ul style="list-style-type: none"> <li>Increased involvement in HIP development and implementation through links to over 600 local community groups via the Community Networks and NNHAZ</li> </ul>	<ul style="list-style-type: none"> <li>Communities across 14 NNHAZ neighbourhoods engaged in implementation of Community Action Plans and NNHAZ programmes to improve health &amp; well being and tackle health inequalities.</li> <li>HAZ communities provided with support to lever in funding to implement Community Action Plans</li> </ul>

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	<p><b>5.4</b> Review and develop performance measurements to ensure that activity being taken forward by partners in delivering on the IfH targets is being captured in a consistent format. <b>(HIP Action 1.5)</b></p>	<p>NIfHP including NNHAZ</p>	<p>All</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• Establishment of a local dataset to capture information on impact local initiatives are having in achieving the longer term IfH objectives and targets.</li> <li>• Production of reports showing range of actions being progressed across agencies.</li> </ul>	<ul style="list-style-type: none"> <li>• NNHAZ Operational Plan is cross-referenced with the HIP to ensure consistency in performance measurement against IFH targets.</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	<p><b>5.5</b> Continue to develop the Partnership to ensure that it remains an effective forum for delivering on the IfH objectives and targets, taking into account wider strategic issues such as: impact of RPA;Community Planning; and Wider Government Strategies such as N'hood Renewal/Anti-Poverty. <b>(HIP Action 1.6)</b></p>	<p>NIfHP including NNHAZ</p>	<p>All</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• HIP actions mainstreamed into partners' corporate plans</li> <li>• Increased understanding and commitment to working in partnership to tackle health inequalities and improve wider well-being</li> <li>• Improved co-ordination across Partnership in achieving IfH objectives and targets</li> </ul>	<ul style="list-style-type: none"> <li>• Linkages maintained between NNHAZ Advisory Group/ Strategic Group and IFH Partnership</li> </ul>

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	<p><b>5.6</b> Support Councils to develop locally focused Health and Well-being Plans that take forward the implementation of the wider NIfHP Health Improvement Plan 2003-08 <b>(HIP Action 1.8)</b></p>	<p>10 Councils NNHAZ</p>	<p>All</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>Locally based initiatives that are improving health and social well-being are tied into the IfH framework and their impact measured</li> </ul>	<ul style="list-style-type: none"> <li>Established Health &amp; Wellbeing Forum in Cookstown, in partnership with Cookstown District Council, to support revision and implementation of Community Action Plan for local HAZ neighbourhood</li> </ul>
	<p><b>5.7</b> Implementation of year 2 of the Advice for Health pilot project to maximise incomes of vulnerable client groups by establishing links between CAB advisers and HPSS Staff</p>	<p>NHSSB Newtownabbey/ Larne/ Carrickfergus/ Antrim/ Ballymena/ Magherafelt/ Cookstown/ Coleraine CABs  NHSCT</p>	<p>5,6,7 E, Fi, Fii, G</p>	<p>April 2006 – March 2008</p>	<ul style="list-style-type: none"> <li>Improved levels of weekly income for vulnerable clients enabling them to purchase basic necessities such as food and fuel and live more independent and socially active lives</li> <li>Increased capacity for HPSS professionals to</li> </ul>	<ul style="list-style-type: none"> <li>NNHAZ participation on Advice 4 Health steering Group</li> <li>NNHAZ has supported uptake of Advice 4 Health in the NNHAZ neighbourhoods which have access to the direct line service (Larne, Carrickfergus &amp; Newtownabbey) and has supported the engagement of CAB in</li> </ul>

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	<b>(HIP Action 2.2)</b>	NNHAZ			focus on wider health and social care needs of clients	HAZ Training Workshops and Community Health Fairs to raise awareness of Advice 4 Health
	<b>5.8</b> Continue to implement the Fuel Poverty Strategy and Action Plan for the NIfHP area <b>(HIP Action 2.3)</b>	Fuel Poverty Steering Group  Magherafelt/ Antrim/ Ballymoney/ Coleraine/ Cookstown/ Newtownabbey Councils NHSCT Eaga Partnership NIE NIHE SSA CAB NNHAZ National Energy Action Age Concern	(5, 6, 7/E, Fi), Fii)	Ongoing	<ul style="list-style-type: none"> <li>• Implementation of the agreed Strategy and Action Plan.</li> <li>• Ownership and commitment from key local agencies and groups to take action on fuel poverty</li> <li>• Improved health and well-being of clients receiving support as a result of living in an adequately heated home and decreased risk of experiencing respiratory illness, stroke, CHD or asthma</li> </ul>	<ul style="list-style-type: none"> <li>• Co-ordination of 'energy, money &amp; you' training workshop (Feb 08) for NNHAZ communities and partners to raise awareness of fuel poverty, energy efficiency and money management issues as well as signposting communities to fuel poverty/ energy efficiency advisors, grants available and support offered through CAB, NEA &amp; IFH</li> <li>• NNHAZ participation on Fuel Poverty Steering Group</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	<p><b>5.9</b> Take forward implementation of the Home accident Prevention / Childhood Injury Prevention Action Plan <b>(HIP Action 3.1)</b></p>	<p>NIfHP including NNHAZ  HAP/ CIP Steering Group</p>	<p>3,5 Ci, Cii, E, Fi, Fii</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• Reduction in the number of serious accidents and deaths caused due to accidents in the home setting</li> <li>• Establishment of a core resource that will help tackle home accident prevention issues in a more integrated and effective manner</li> <li>• Better use of resources on the ground due to better joined up working practices and referral arrangements</li> </ul>	<ul style="list-style-type: none"> <li>• NNHAZ participation on HAP /CIP Steering Group</li> <li>• Support delivery of TMV programme in Ballysally and New Mossley in partnership with NIHE, Surestart and NHSCT through links with NNHAZ groups to raise awareness of the scheme and recruit participants</li> <li>• Worked in partnership with the NHSCT to identify playgroups in the NNHAZ areas to participate in a child safety programme delivered through the NHSCT. NNHAZ provided educational resources and materials for playgroups to promote road safety to complement NHSCT programme</li> <li>• Co-ordinate educational visits to Hazard House for</li> </ul>

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						residents from NNHAZ neighbourhoods
	<b>5.10</b> Continue to support the implementation of the Emergency Life Support Strategy that has been developed for the Glens area ( <b>HIP Action 3.2</b> )	NifHP  including Heartstart Co-ordinator & NNHAZ	(5, 6/E, Fi)	March 2008	<ul style="list-style-type: none"> <li>Increased capacity locally to deal with an emergency situation.</li> <li>Reduction in response times to life threatening situations.</li> </ul>	<ul style="list-style-type: none"> <li>NNHAZ engaged with NHSCT Emergency Life Support programme to access training for 12 parents / carers in the NNHAZ neighbourhood in Castledawson</li> </ul>
	<b>5.11</b> Undertake an initial evaluation of the Telecare pilot aimed at supporting vulnerable older people to live independently in their own homes and reduce the need for provision of direct care services	NHSSB  NHSCT  NIHE  Fold Housing Association  NNHAZ	1,3,5,9 Ci, Cii, E, Fi, Fii	September 2008	<ul style="list-style-type: none"> <li>Increased evidence of impact of assistive technology in supporting people to continue to live independently.</li> <li>More efficient use of existing HPSS resources in supporting clients with low level care needs.</li> <li>Funding secured to mainstream pilot as</li> </ul>	<ul style="list-style-type: none"> <li>NNHAZ secured funding to continue provision of assistive technology support to 105 older &amp; vulnerable residents across the HAZ neighbourhoods in partnership with Fold</li> <li>NNHAZ participation on Assistive Technology Steering Group</li> </ul>

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	<b>(HIP Action 3.4)</b>				part of wider reform and modernisation programme.	
	<b>5.12</b> Continue to develop links between IfH and the structures being established to take forward the Neighbourhood Renewal Strategy being implemented by the Department for Social Development. <b>( HIP Action 3.5)</b>	NIfHP NIHE Department for Social Development NHSCT NNHAZ Local Councils	1,2,6,7,9 Fi, Fii, G, I	Ongoing during 2007/08	<ul style="list-style-type: none"> <li>• Good communication between two initiatives</li> <li>• Avoidance of unnecessary overlap and duplication</li> <li>• Improved targeting of resources to maximise impact of improving Health and wellbeing of communities</li> </ul>	<ul style="list-style-type: none"> <li>• Establishment of a senior level co-ordination team across NHSSB area to facilitate co-ordination between DSD Neighbourhood Renewal Plans, Health Improvement Plan, NNHAZ and the NHSCT – chaired by NNHAZ</li> <li>• NNHAZ staff actively engaged in the Neighbourhood Renewal Partnerships in Ballymena South and Coleraine East</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	<b>5.13</b> Develop Partnership awareness and capacity to implement the IfH agenda in relation to housing issues <b>(HIP Action 3.7)</b>	NIHE NHSSB Relevant community and voluntary organisations NNHAZ		Ongoing	Improved health and well-being with regard to housing and locality issues.	<ul style="list-style-type: none"> <li>• NIHE representation on all Interagency Partnerships across the HAZ neighbourhoods to support the development and delivery of the Local NNHAZ Community Action Plans</li> <li>• NIHE representation on NNHAZ Advisory Group</li> </ul>
	<b>5.14</b> Support the Northern Tobacco Control Group in the co-ordination of tobacco control issues and the implementation of the local action plan developed in response to the 5 Year Tobacco Action Plan <b>(HIP Action 4.1)</b>	NTCG NHSSB NifHP NNHAZ	1,4,5,6 E, Fi, Fii	Ongoing	<p>To meet DHSSPS target by March 2008, smoking prevalence by Board area should be reduced by 7% across Northern Ireland to 24%.</p> <ul style="list-style-type: none"> <li>• Progress towards the achievement of the Tobacco Action Plan targets: to prevent people from starting to smoke, help smokers quit</li> </ul>	<ul style="list-style-type: none"> <li>• Engaged with NHSCT to establish smoking cessation clinics in Ballee, Ballymena and Glenfield, Carrickfergus</li> <li>• Promoted no-smoking day and brief intervention training opportunities to all HAZ neighbourhoods through HAZ publications.</li> <li>• Identified gaps across NNHAZ areas where</li> </ul>

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					<p>and protect non-smokers from tobacco smoke</p> <ul style="list-style-type: none"> <li>Progress towards the achievement of a tobacco-free society</li> </ul>	<p>schools have not engaged in UCF Smokebusters and contacted schools to encourage and secure participation</p> <ul style="list-style-type: none"> <li>NNHAZ participation on Tobacco Control Group and Smoking in Youth Group</li> </ul>
	<p><b>5.15</b> Assist local businesses to develop and implement smoke-free policies and establish in-house smoking cessation services <i>(HIP Action 4.2)</i></p>	<p>Northern Group Systems Local Councils NTCG NifHP NNHAZ</p>	<p>(1, 4, 5, 6/E, Fi), Fii</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>Progress towards the achievement of the Tobacco Action Plan targets.</li> <li>Progress towards the achievement of a tobacco-free society.</li> </ul>	<ul style="list-style-type: none"> <li>Support awareness of smoke-free legislation &amp; signposting to support services with HAZ communities to ensure all groups are aware of requirements for their community premises to be smoke-free</li> </ul>
	<p><b>5.16</b> Continue to support the Northern Drug &amp; Alcohol Co-</p>	<p>NDACT NHSSB NifHP NNHAZ</p>	<p>3,4,5,6,7, 8,9 Ci, Cii, Di, Dii, Fi, Fii</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>Progress towards implementation of the new Drug and Alcohol Strategies</li> <li>Increased</li> </ul>	<ul style="list-style-type: none"> <li>Regular sharing of information on Drugs &amp; Alcohol Training Programmes &amp; funding opportunities across 42</li> </ul>

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	ordination Team in implementing the Regional Alcohol and Drug Strategies  <b>(HIP Action 4.3)</b>				communication and partnership working with other related Strategies/ Groups e.g. Community Safety, Sexual Health, Suicide Prevention and NNHAZ	community based organisations within NNHAZ network
	<b>5.17</b> Continue to support the Northern Partnership for Physical activity (NPPA) to promote physical activity among local communities  <b>(HIP Action 4.4)</b>	NPPA  NIfHP NHSSB Local Trusts Local Councils NNHAZ	4,5,8,9, Di, E, Fi, Fii, I	Ongoing	<ul style="list-style-type: none"> <li>• Increased uptake of physical activity</li> <li>• Increased awareness of the benefits of physical activity</li> <li>• Increased access to appropriate activities</li> <li>• Contribution to the implementation of Fit Futures</li> <li>• Improved health &amp; wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>• Physical activity programmes, targeting all ages ranges, funded across 14 NNHAZ neighbourhoods through Health Based Events Programme, delivered in partnership with Supporting Communities NI</li> <li>• Links developed between NNHAZ neighbourhoods and local Council sports development officers</li> <li>• NPPA ‘Fit for Play’ programme delivered</li> </ul>

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						across all 28 primary schools engaged in HAZ 'Healthy Breaks' Programme
	<b>5.18</b> Identify opportunities for promoting the primary prevention of stroke in line with the Regional Stroke Strategy <b>(HIP Action 4.5)</b>	NHSSB  NifHP Including NNHAZ	(4, 5, 6, 8/E, Fi), Fii)	Ongoing	<ul style="list-style-type: none"> <li>Increased awareness of the causes of stroke and of ways of reducing the risk of stroke</li> <li>Reduction in incidence of stroke</li> </ul>	<ul style="list-style-type: none"> <li>Healthy Lifestyles programme delivered over 12 weeks in HAZ neighbourhood in Ballymoney, in partnership with Glebeside Community Association</li> </ul>
	<b>5.19</b> Continue to support the Obesity Subgroup <b>(HIP Action 4.6)</b>	NifHP  NHSSB  NHSCT  NEELB  Local Councils  NNHAZ	4,5,6,8,9 Di, Dii, E, Fi, Fii, I	Ongoing	<ul style="list-style-type: none"> <li>Increased collaboration and understanding of roles of relevant professions/sectors in tackling obesity</li> <li>Support and develop programmes to promote healthy eating</li> <li>Sharing of good practice between professions/sectors</li> </ul>	<ul style="list-style-type: none"> <li>Provision of support to community group in Ballysally to establish Healthy Eating Café</li> <li>Delivery of Healthy Breaks Programme across NHSSB area in partnership with NHSCT &amp; Education and Library Boards – 128 primary schools engaged in programme.</li> <li>Support engagement of</li> </ul>

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					<ul style="list-style-type: none"> <li>Reduction in obesity, particularly in children</li> </ul>	NNHAZ communities with Newtownabbey Borough Council's 'Sowing the Seeds' programme
	<p><b>5.20</b> Support the implementation of the Oral Health Strategy. <i>(HIP Action 4.7)</i></p>	<p>NHSSB</p> <p>NifHP including NNHAZ</p>	(4, 5, 6, 8, 9/Cii), Di), Dii), E, Fi), Fii)	Ongoing	<ul style="list-style-type: none"> <li>Improved oral health</li> <li>Reduction in the gap between the best and worst decay scores</li> </ul>	<ul style="list-style-type: none"> <li>Implementation of the Healthy Breaks Programme in partnership with NHSCT and the Education &amp; Library Boards– encouraging primary school children and staff to have a healthy snack at break time; and development and implementation of a Healthy Breaks Policy within participating schools</li> </ul>
	<p><b>5.21</b> Continue to support the NHSSB Breastfeeding Strategy Group in implementing the Regional Breastfeeding Strategy</p>	<p>NHSSB Breastfeeding Strategy Implementation Group</p> <p>NifHP including NNHAZ</p>	(4, 5, 6, 8/Di), Dii), E, Fi), Fii)	Ongoing	<ul style="list-style-type: none"> <li>Increased awareness of the benefits of breastfeeding.</li> <li>Reduction in childhood obesity.</li> </ul>	<ul style="list-style-type: none"> <li>Support NNHAZ area of Glebeside and NHSCT Breastfeeding Co-ordinator with local Babyfair – raised awareness of support available for new mums, including breastfeeding</li> <li>NNHAZ participation on Causeway Breastfeeding</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	<b>(HIP Action 4.8)</b>					Steering Group
	<b>5.22</b> Support the Promoting Mental Health Strategy Implementation Group in developing and delivering a local action plan in response to the Regional Strategy and Action Plan <b>(HIP Action 4.9)</b>	Promoting Mental Health Strategy Implementation Group including NNHAZ	5,6,9 E, Fi, Fii, I	Ongoing	<ul style="list-style-type: none"> <li>Improved mental and emotional wellbeing in people who are at risk / vulnerable</li> <li>Reduction in mental and emotional distress, anxiety, mental illness and suicide</li> <li>Increased awareness of the determinants of mental and emotional health and reduced discrimination against people with mental health problems</li> </ul>	<ul style="list-style-type: none"> <li>Participation on the Mental Health and Suicide Prevention Steering and Implementation Group and Community Networks Subgroup</li> <li>Provision of support to NNHAZ communities to access funding for mental health programmes through Community Network grants.</li> <li>Linking community based organisations in 14 NNHAZ areas to programmes funded under the Promoting Mental Health Strategy and action plan</li> <li>Secured Aware Defeat Depression and Journeys programmes - delivered in 2 NNHAZ neighbourhoods</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	<p><b>5.23</b></p> <p>Support the implementation of 'Protect Life' Suicide Prevention Strategy and Action Plan <i>(HIP Action 4.10)</i></p>	<p>NIfHP Promoting Mental Health and Suicide Prevention Strategy Implementation Group Including NNHAZ</p>	<p>(5, 6, 9/E, Fi), Fii), I</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• Improved mental and emotional well-being in people at risk or vulnerable.</li> <li>• Reduction in mental and emotional distress, anxiety, mental illness and suicide.</li> <li>• Increased awareness of the determinants of mental and emotional health and reduced discrimination against people with mental health problems.</li> <li>• Reduction in rates of suicide and self harm</li> </ul>	<ul style="list-style-type: none"> <li>• Participation on the Promoting Mental Health and Suicide Prevention Strategy Implementation Group</li> <li>• ASIST training and information sessions details disseminated to community organisations in NNHAZ neighbourhoods</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	<p><b>5.24</b> Support the local Teenage Pregnancy and Parenthood Strategy Group in implementing the priorities identified in the Regional Teenage Pregnancy and Parenthood Strategy and Action Plan <b>(HIP Action 4.11)</b></p>	<p>Teenage Pregnancy and Parenthood Strategy Group</p> <p>NHSSB</p> <p>NIfHP</p> <p>Local Trusts</p> <p>Voluntary groups</p> <p>NNHAZ</p>	<p>4, 6, 7, 8, 9/E, Fi), Fii), Hii), I</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• Raised awareness of sexual health and teenage pregnancy issues.</li> <li>• Progress towards implementation of the Regional Teenage Pregnancy and Parenthood Strategy and Action Plan.</li> <li>• Reduction in number of unplanned teenage pregnancies.</li> <li>• Improved access to services for teenagers.</li> <li>• Improved access to support for teenage parents and their children.</li> </ul>	<ul style="list-style-type: none"> <li>• Disseminate information on training programmes funded through Teen Pregnancy &amp; Parenthood Strategy to community based organisations and partnerships in NNHAZ neighbourhoods, through HAZ magazine 'Neighbourhood News'</li> <li>• NNHAZ participation on Teenage Pregnancy and Parenthood Strategy Group</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	<b>5.25</b> Support implementation of the Regional Malignant Melanoma Strategy <b>(HIP Action 4.15)</b>	Northern Group Systems  Local Councils  NHSCT NEELB  Community Networks  NNHAZ	4, 5, 8,E	Ongoing	<ul style="list-style-type: none"> <li>• Reduction in incidence of malignant melanoma.</li> <li>• Reduction in skin cancers caused by the higher ultraviolet radiation experience associated with sunbed use.</li> <li>• Increased awareness of care in the sun issues.</li> </ul>	<ul style="list-style-type: none"> <li>• Promote Action Cancer care in the sun messages and programmes to HAZ communities through articles in NNHAZ magazine 'Neighbourhood News'</li> <li>• Facilitate engagement form Action Cancer and Ulster Cancer Foundation at Health Fairs in NNHAZ neighbourhoods</li> </ul>
	<b>5.26</b> Support the Glenfield Nurse Practitioner pilot project, aimed at providing local access to health care professionals <b>(HIP Action 4.16)</b>	NHSCT  NNHAZ  Local Community Association	4, 5, 6/Di), Dii), E, F	Ongoing	<ul style="list-style-type: none"> <li>• Faster access to routine health and social care services.</li> <li>• Improved access to information on health and lifestyle issues.</li> <li>• Evidence on</li> </ul>	<ul style="list-style-type: none"> <li>• NNHAZ participation on NHSCT-led Steering Group for Nurse Led Clinic</li> <li>• NNHAZ support provided to newly appointed nurse to get clinic re-established and promoted within Carrickfergus</li> <li>• Provision of resources</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
					impact of providing core HPSS services within a community setting and assessment of model in shaping future community nursing services.	through Health Based Events programme to facilitate opening of clinic
	<b>5.27</b> Support for Healthy Schools  <b>(HIP Action 5.1)</b>	NEELB  NifHP including NNHAZ	4, 6, 8, 9/Dii), Hi), Hii),I	To be reviewed in light of MGPH response to Fit Futures recommendations	<ul style="list-style-type: none"> <li>• Reduced obesity in children and young people.</li> <li>• Schools contribute to the implementation of Fit Futures.</li> <li>• Schools supported in delivering the revised curriculum in respect of health and well-being.</li> </ul>	<ul style="list-style-type: none"> <li>• Implementation of the Healthy Breaks Programme in partnership with NHSCT and the Education &amp; Library Boards– encouraging primary school children and staff to have a healthy snack at break time; and development and implementation of a Healthy Breaks Policy within participating schools. 128 schools currently engaged</li> <li>• Information and resources provided to families / carers of all participating children</li> </ul>

Goal	Action	Key Partners	IFH Objective / Target	Timescale	Outcomes/ Outputs	Progress
	<p><b>5.28</b></p> <p>Establishment of sub-group to consider the impact of poor essential skills on health and social well-being <b>(HIP Action 5.3)</b></p>	<p>NIfHP</p> <p>NEELB NNHAZ Community Groups Northern Health and Social Care Trust CDHN Voluntary Sector Local Councils</p>	<p>(4, 6, 7, 8, 9/Di), Dii), Fi), Fii), G, Hi), Hii), I</p>	<p>March 2008</p>	<ul style="list-style-type: none"> <li>Partners more aware of the impact of essential skills difficulties on every day life.</li> <li>Partners more aware of how to make their organisation more user friendly.</li> </ul>	<ul style="list-style-type: none"> <li>Facilitate engagement of NNHAZ community representatives in accredited training programmes to increase skills, self esteem and educational attainment</li> </ul>

## **Section 2:**

**Progress in the 14 HAZ neighbourhoods  
against the three strategic themes of the  
Health Action Zone Initiative during 2007 -  
2008**

A summary report highlighting progress in the 14 HAZ neighbourhoods against the three strategic themes of the Health Action Zone Initiative

<p><b>Theme</b></p> <p>The promotion of <b>POSITIVE MENTAL HEALTH</b></p>	<p><b>Theme</b></p> <p>Providing opportunities for <b>EDUCATION AND EMPOWERMENT</b> – personal and community</p>	<p><b>Theme</b></p> <p>The improvement of <b>ACCESS TO SERVICES AND FACILITIES</b> which directly or potentially have a positive impact on health and social well-being</p>
<p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>■ Develop responses to antisocial behaviour threatening community safety and creating fear</li> <li>■ Explore and address housing concerns</li> <li>■ Make improvements to the wider living environment</li> <li>■ Support steps towards improved community relations and reduction in sectarianism</li> <li>■ Support the development of improved social networks thus reducing social isolation.</li> </ul>	<p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>■ Establish community led and focused health promotion activities</li> <li>■ Support the provision of opportunities for pre-vocational and vocational training</li> <li>■ Build capacity and sustainability of community groups and community activities.</li> </ul>	<p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>■ Explore options for improved accessibility to transport and telecommunications services</li> <li>■ Support communities to explore possibilities for improved community facilities, play facilities etc</li> <li>■ Examine possibilities for the relocation of some health and personal social services</li> <li>■ Build community capacity in relation to awareness of statutory and other responsibilities. Develop effective lobbying skills.</li> </ul>

<b>Neighbourhood</b>	<b>Promotion of positive mental health</b>	<b>Supporting access to education and empowerment</b>	<b>Improving access to services and facilities</b>
<u>Antiville</u>	<ul style="list-style-type: none"> <li>• Maintained and developed the community facility – Community House;</li> <li>• Participate in the Interagency which encompasses all work taken forward by community and voluntary organisations in Linn Road.</li> </ul>	<ul style="list-style-type: none"> <li>• Reviewed and updated their Community Action Plan;</li> <li>• Accessed Health Based Events to further develop programmes for youth and older people; (Community food and nutrition programme)</li> <li>• Accessed and participated in training opportunities organised by NNHAZ</li> <li>• ‘Healthy Breaks’ support in local primary schools</li> <li>• Community Representatives attended NNHAZ training event in Feb 08 ‘Energy money and you’</li> </ul>	<ul style="list-style-type: none"> <li>• Developed a programme for youth and older people in the area.</li> </ul>

<b>Neighbourhood</b>	<b>Promotion of positive mental health</b>	<b>Supporting access to education and empowerment</b>	<b>Improving access to services and facilities</b>
<u>Armoy</u>	<ul style="list-style-type: none"> <li>• Developed new footpath in village through partnership working;</li> <li>• Progressed further environmental improvements through development of a new community garden.</li> </ul>	<ul style="list-style-type: none"> <li>• Participated in a planning event to identify urgent areas of support;</li> <li>• Progressed funding applications to secure future projects;</li> <li>• Playgroup participated in Child Safety Project;</li> <li>• Accessed Health Based Events.</li> <li>• ‘Healthy Breaks’ support in local primary schools</li> </ul>	<ul style="list-style-type: none"> <li>• Maintain close links with rural community transport scheme;</li> <li>• Exploring options to re-establish youth and older people’s groups;</li> <li>• Continue to provide base for Surestart initiative.</li> </ul>
<u>Ballee</u>	<ul style="list-style-type: none"> <li>• HAZ support for Ballee Primary School around anti social behaviour and security problems on premises</li> <li>• Involvement in the Fair Share initiative which is providing opportunities for young people and</li> </ul>	<ul style="list-style-type: none"> <li>• Participate and offer support to BCA in DSD Neighbourhood Renewal Partnership and Working Group</li> <li>• Facilitated best practice visit to fellow HAZ area (Glebeside) in conjunction with DSD Learning Chest</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ supporting BCA secure funding for health and well being project focused on older residents, i.e. Luncheon Club and Odd Job Scheme</li> <li>• Facilitated introduction of a Smoking Cessation clinic in the community</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	<p>vulnerable older people in the estate</p> <ul style="list-style-type: none"> <li>• HAZ support for Annual Community Health Fair</li> <li>• BCA exploring opportunities through DSD NR to improve Community Relations with Harryville and Ballykeel</li> <li>• BCA represented on Housing Community Network</li> <li>• Fresh Fruit distributed to senior residents via Health Based Events</li> </ul>	<p>fund</p> <ul style="list-style-type: none"> <li>• Members of BCA attended HAZ training event on 'Energy, Money and You'</li> <li>• Ballee Playgroup participated in the HAZ/Trust Child Safety Project</li> <li>• Circulated information to wider community via bulletins/fliers and newssheets</li> <li>• HAZ support towards presentation and overall participation at HAZ Annual Conference</li> <li>• 'Healthy Breaks' support in local primary schools</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ involved in Council's Facilities subgroup for Ballymena South that played key role in Childcare Centre and Business Units</li> <li>• Involved in Childcare Centre subgroup</li> <li>• Lobbying for Community Centre refurbishment ongoing</li> </ul>
<u>Ballycastle</u>	<ul style="list-style-type: none"> <li>• Greenlight Gateway (GG)</li> </ul>	<ul style="list-style-type: none"> <li>• The project provides training</li> </ul>	<ul style="list-style-type: none"> <li>• GG provides access to</li> </ul>

<b>Neighbourhood</b>	<b>Promotion of positive mental health</b>	<b>Supporting access to education and empowerment</b>	<b>Improving access to services and facilities</b>
	<p>provides an opportunity to change people's views towards disability;</p> <ul style="list-style-type: none"> <li>• GG have accessed funding to encourage positive mental health through NACN;</li> <li>• GG provides volunteering opportunities to local residents.</li> </ul>	<p>opportunities to young people, volunteers, parents and carers and workers;</p> <ul style="list-style-type: none"> <li>• GG raises awareness of the importance of recycling and the wider benefit to the community;</li> <li>• GG provides a supported employment model for young people with learning difficulties;</li> <li>• NNHAZ have support GG to consider their future and develop a planned approach and link with appropriate agencies;</li> <li>• GG have incorporated a health emphasis into their work (healthy eating/Cook-It! and Physical Activity);</li> <li>• NNHAZ have supported GG to apply for funding to assist</li> </ul>	<p>recycling service throughout the Moyle Council area (including Rathlin Island);</p> <ul style="list-style-type: none"> <li>• GG have extended their premises and opened a shop.</li> <li>• NNHAZ worked in partnership with Moyle HAP to support a 'School Leavers Fair'. This was an event to signpost school leavers to organisations that offered information and advice that will allow them to make informed decisions around safety.</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
		sustainability; <ul style="list-style-type: none"> <li>• NNHAZ has supported GG to access funding to undertake an evaluation of the project to date.</li> <li>• GG are currently supported to link with Moyle District Council Environmental Health Department to develop tailored training for the young people in relation to safe food handling and health and safety.</li> <li>• ‘Healthy Breaks’ support in local primary schools</li> </ul>	
<u>Ballysally (BBT)</u>	<ul style="list-style-type: none"> <li>• Participated in the development of sculpture project;</li> </ul>	<ul style="list-style-type: none"> <li>• Circulated information to wider community via bulletins/fliers and</li> </ul>	<ul style="list-style-type: none"> <li>• Participating in the development of a community based healthy</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	<ul style="list-style-type: none"> <li>• Exploring opportunities to improve the area through Community Relations;</li> <li>• Participate in DSD Neighbourhood Renewal scheme;</li> <li>• Refurbishment of Community House;</li> <li>• Represented on Housing Community Network.</li> </ul>	<p>newsheets;</p> <ul style="list-style-type: none"> <li>• Accessed safe food handling training via Coleraine Borough Council;</li> <li>• Delivered Health Based Events;</li> <li>• Exploring long term funding options to secure a sustainable future;</li> <li>• Participated in the promotion of the TMV initiative within Ballysally.</li> <li>• ‘Healthy Breaks’ support in local primary schools</li> </ul>	<p>eating café;</p> <ul style="list-style-type: none"> <li>• Developed links and gathered information from other areas of good practice;</li> <li>• Participating in Neighbourhood Renewal sub group to collate information to develop a community directory.</li> </ul>
<u>Bawnmore</u>	<ul style="list-style-type: none"> <li>• HAZ support for Friends &amp; Neighbours Luncheon Club</li> <li>• Supported Friends &amp;</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ support for long term provision of Fresh Fruit in Greencastle Play Focus group</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ involved in Fair Share initiative that is developing a Befriending Scheme for the area</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	<p>Neighbours and Hillview Seniors to provide health events for local people</p> <ul style="list-style-type: none"> <li>Greencastle CEP involved in progressing health projects around mental health issues and suicide prevention</li> </ul>	<ul style="list-style-type: none"> <li>HAZ support in the recent development of a local Youth Workers Forum</li> <li>'Healthy Breaks' support in local primary schools</li> </ul>	<ul style="list-style-type: none"> <li>Increase in promotion of services and training available in fields of sexual/teenage health, drugs &amp; alcohol, parenting etc to local youth and community workers</li> <li>NNAZ working with BCA and local partners to revise interagency steering group and renew CAP</li> </ul>
<u>Craigyhill</u>	<ul style="list-style-type: none"> <li>HAZ support to initiate Football Development Project in partnership with local Community Sport initiative</li> <li>HAZ support to initiate Fruit &amp; Veg 5-a-day project targeted at older people living in the area</li> <li>Newly constituted group</li> </ul>	<ul style="list-style-type: none"> <li>HAZ support towards presentation and overall participation at HAZ Annual Conference</li> <li>Members of Craigyhill Community Association attended HAZ training event on 'Energy, Money and You'</li> <li>'Healthy Breaks' support</li> </ul>	<ul style="list-style-type: none"> <li>HAZ instrumental along with SCNI in setting up the Linn Road Interagency Group for both Antiville and Craigyhill areas</li> <li>Multi Use Games Area erected in estate and range of programmes are now progressing in partnership with Community Sport</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	recently formed offering dancing for older residents	in local primary schools	programme
<u>Glebeside</u>	<ul style="list-style-type: none"> <li>• Glebeside Community Association (G.C.A.) are represented on Housing Forum, Interagency, Housing Community Network and Ballymoney Community Network;</li> <li>• G.C.A. participate in Community Safety Group;</li> <li>• G.C.A. organise an extensive health programme through funding from NHSSB;</li> <li>• Access mental health grants from NACN.</li> </ul>	<ul style="list-style-type: none"> <li>• Supported to develop a drug and alcohol education resource – “Best and his Beast”;</li> <li>• Launched a Community Action Plan 2006-2009;</li> <li>• G.C.A. have hosted other HAZ communities to share good practice;</li> <li>• Delivered Health Based Events.</li> <li>• ‘Healthy Breaks’ support in local primary schools</li> <li>• Community Representative attended NNHAZ training event in Feb 08 ‘Energy money and you’</li> </ul>	<ul style="list-style-type: none"> <li>• G.C.A. are an umbrella group to Youth Club, Drama Club, Young at Heart, Glebe tots and football club;</li> <li>• Linked with Trust staff to complete 8 week health programme;</li> <li>• G.C.A. have linked into the Community Sports Programme via Ballymoney Council;</li> <li>• G.C.A. has developed a sub-group to explore potential viability to develop a multi-use sports area.</li> <li>• GCA have negotiated with Northern Ireland Hospice to use Community House as a outreach centre for patients/carers/family to</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
			<p>access complementary therapies. Referrals will be through Hospice staff in Robinson Hospital.</p> <ul style="list-style-type: none"> <li>GCA are currently promoting their facility to other organisations who may require training/meeting room space.</li> </ul>
<u>Glenfield</u>	<ul style="list-style-type: none"> <li>HAZ liaised with Community Direct regarding their 'Towards Better Mental Health' course that is running for 6 weeks in the Oakfield/Glenfield area</li> <li>Baby Massage classes held for parents living in the Glenfield area</li> <li>HAZ support to provide reflexology and other complementary therapies for people in the Weight</li> </ul>	<ul style="list-style-type: none"> <li>Members of Glenfield Community Association attended HAZ training event on 'Energy, Money and You'</li> <li>Glenfield Community Association awarded funding from NHSSB for Drug Proofing you Kids Programme</li> <li>Nurse Practitioner has held seminars in Community Base on topics</li> </ul>	<ul style="list-style-type: none"> <li>HAZ supporting and facilitating the introduction of the newly appointed nurse and helping co-ordinate the re-launch of the programme at a community open event</li> <li>HAZ supporting GCA to secure funding to extend the Community Development Worker post and develop the newly extended Community Base</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	Management project	<p>such as drug abuse, domestic violence, cancer, care in the sun, food &amp; nutrition, children's diet, depression, anger management and sexual health among young people etc</p> <ul style="list-style-type: none"> <li>• Plans are underway to utilise the new IT suite in the community base by starting a Job Club and Homework Club</li> <li>• 'Healthy Breaks' support in local primary schools</li> </ul>	<p>along with support for the re-launch of the Nurse Practitioner Project</p> <ul style="list-style-type: none"> <li>• Smoking cessation funding available for Nurse to start up clinic in conjunction with Brief Intervention Training</li> <li>• Statutory and voluntary partners are trying to establish outreach clinics in the Community Base, e.g. PSNI, NIHE and CAB</li> <li>• Youth Drop-in facility now underway in the base</li> </ul>
<u>Longlands</u>	<ul style="list-style-type: none"> <li>• HAZ support for separate Men's and Women's Health Events as a follow-up to the successful Community Health Fair</li> <li>• HAZ support for complementary therapy</li> </ul>	<ul style="list-style-type: none"> <li>• Nine local women have completed their Diploma in Indian Head Massage in conjunction with the Northern Regional College after becoming interested at the Community Health Fair</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ and SCNI are developing a funding proposal for CLASP that will employ a Centre Manager / Community Development Worker to manage programmes that will</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	<p>sessions</p> <ul style="list-style-type: none"> <li>• HAZ proactive in facilitating discussions among partners in relation to youth anti social behaviour problems in the area</li> <li>• Line Dancing for over 50's supported by HAZ</li> <li>• HAZ supporting introduction of walking club in the area</li> </ul>	<ul style="list-style-type: none"> <li>• CLASP are undertaking educational programmes in conjunction with the Local Community Fund</li> <li>• CLASP utilising IT suite for computer classes and training opportunities</li> <li>• CLASP planning follow-up activities around Cancer awareness &amp; Prevention after Action Cancer Big Bus visited area in 2007</li> <li>• 'Healthy Breaks' support in local primary schools</li> </ul>	<p>maximise use of the Resource Centre</p> <ul style="list-style-type: none"> <li>• HAZ is providing ongoing support in relation to overcoming barriers to youth participation and engagement in Longlands through Interagency Partnership</li> <li>• Interagency Partnership trying to overcome barriers that new Surestart service is experiencing in Longlands in relation to vandalism and damage to their building</li> </ul>
<u>New Mossley</u>	<ul style="list-style-type: none"> <li>• New Mossley Community Group (NMCG) participate in an interagency group administered by NNHAZ (Action New Mossley);</li> </ul>	<ul style="list-style-type: none"> <li>• NMCG participated in "Meet the Neighbours Day" – an event organised by NIHE to promote cultural awareness;</li> <li>• Heartstart training was</li> </ul>	<ul style="list-style-type: none"> <li>• NNHAZ continues to support Northern Trust to maintain the Mossley Luncheon club;</li> <li>• Action Cancer's Big Bus visited the area in June</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	<ul style="list-style-type: none"> <li>• NIHE continues to hold a weekly housing clinic in Community House;</li> <li>• Extensive environment improvements have been undertaken and planned for the future. New improvements include entrance features, bulb planting and bird boxes;</li> <li>• Community garden and re-imaging project is planned for the future;</li> <li>• Training is currently ongoing to promote positive mental health;</li> <li>• NMCG has linked with the 4 tier home security scheme in Newtownabbey;</li> </ul>	<p>undertaken for local residents in Community House;</p> <ul style="list-style-type: none"> <li>• NMCG has accessed funding from Community Fund to undertake training to develop community capacity.</li> <li>• ‘Healthy Breaks’ support in local primary schools</li> <li>• Newtownabbey 2 District Housing Executive office attended NNHAZ training event in Feb 08 ‘Energy money and you’</li> </ul>	<p>2007;</p> <ul style="list-style-type: none"> <li>• NMCG are currently being supported to explore opportunities to develop a co-ordinated approach to provision of youth services in the area.</li> </ul>
<u>Parkview &amp; Riverside</u>	<ul style="list-style-type: none"> <li>• HAZ currently working with Toddle In Parent &amp;</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ facilitated Heartstart training delivered by the</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ support to establish, constitute and equip Toddle</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	<p>Toddlers group on positive mental health project in partnership with Community Direct</p> <ul style="list-style-type: none"> <li>• HAZ supported LCCA with their Information Day for Senior Citizens in the area</li> <li>• HAZ support for Halloween Event and Summer Fun Day</li> <li>• HAZ involved in part financing Home Safety equipment for senior citizens as part of Home Accident Prevention project</li> </ul>	<p>Northern Trust to 18 mothers from Toddle In Parent &amp; Toddlers group</p> <ul style="list-style-type: none"> <li>• LCCA undertook capacity building training as part of their commitment to the Rural Estates Programme</li> <li>• ‘Healthy Breaks’ support in local primary schools</li> </ul>	<p>In Parent &amp; Toddlers group</p> <ul style="list-style-type: none"> <li>• Extensive support to LCCA from HAZ in relation to the acquisition of their new Community House</li> <li>• HAZ support in relation to POCVA registration for LCCA and development of Child Protection Policy &amp; Procedures</li> <li>• HAZ facilitated links with Action Cancer to bring the Big Bus to Castledawson</li> </ul>
<p><u>Ratheen, Greenvale &amp; Sullenboy</u></p>	<ul style="list-style-type: none"> <li>• The group have required basic support to assist re-establishment of their Residents Association (RGSRA);</li> </ul>	<ul style="list-style-type: none"> <li>• The group have undertaken OCN accredited Building Community Capacity training delivered by Supporting Communities</li> </ul>	<ul style="list-style-type: none"> <li>• Action Cancer’s Big Bus visited the area to provide local access to cancer screening services;</li> <li>• RGSRA are currently</li> </ul>

Neighbourhood	Promotion of positive mental health	Supporting access to education and empowerment	Improving access to services and facilities
	<ul style="list-style-type: none"> <li>• RGSRA are currently represented on Housing Community Network and Cookstown wide interagency group;</li> <li>• Accessed grant to encourage positive mental health through swimming.</li> </ul>	<p>Northern Ireland (SCNI);</p> <ul style="list-style-type: none"> <li>• Accessed Health Based Events to increase community participation and raise a positive profile in the community;</li> <li>• Reviewed and updated Community Action Plan.</li> <li>• 'Healthy Breaks' support in local primary schools</li> <li>• Community Representatives attended NNHAZ training event in Feb 08 'Energy money and you'</li> </ul>	<p>working with Cookstown Council and SCNI to improve the play area in the estate;</p> <ul style="list-style-type: none"> <li>• The group accesses support from SCNI and NNHAZ to develop and print community newssheets;</li> <li>• The group have been supported to access IT software to update current computer to improve communications.</li> </ul>
<u>Rathenraw</u>	<ul style="list-style-type: none"> <li>• HAZ contributed to Rathenraw Youth Scheme's Intergenerational Project that delivered Fresh Fruit Baskets to senior citizens</li> <li>• HAZ supported Rehability to offer complementary</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ has supported the Family Caring Centre in Rathenraw to integrate migrant workers living in the community by providing Basic English Courses</li> <li>• HAZ funded Coach</li> </ul>	<ul style="list-style-type: none"> <li>• HAZ is a partner on the Rathenraw Playsport Partnership that facilitates development opportunities for the 'Your Playsport' facility</li> </ul>

<b>Neighbourhood</b>	<b>Promotion of positive mental health</b>	<b>Supporting access to education and empowerment</b>	<b>Improving access to services and facilities</b>
	<p>treatments to local residents</p>	<p>Education courses for young people in conjunction with the Playsport Co-ordinator</p> <ul style="list-style-type: none"> <li>• 'Healthy Breaks' support in local primary schools</li> </ul>	

<p style="text-align: center;"><b>Theme</b></p> <p style="text-align: center;">The promotion of <b>POSITIVE MENTAL HEALTH</b></p>	<p style="text-align: center;"><b>Theme</b></p> <p style="text-align: center;">Providing opportunities for <b>EDUCATION AND EMPOWERMENT</b> – personal and community</p>	<p style="text-align: center;"><b>Theme</b></p> <p style="text-align: center;">The improvement of <b>ACCESS TO SERVICES AND FACILITIES</b> which directly or potentially have a positive impact on health and social well-being</p>
<p style="text-align: center;"><b>Objectives</b></p> <ul style="list-style-type: none"> <li>■ Develop responses to antisocial behaviour threatening community safety and creating fear</li> <li>■ Explore and address housing concerns</li> <li>■ Make improvements to the wider living environment</li> <li>■ Support steps towards improved community relations and reduction in sectarianism</li> <li>■ Support the development of improved social networks thus reducing social isolation.</li> </ul>	<p style="text-align: center;"><b>Objectives</b></p> <ul style="list-style-type: none"> <li>■ Establish community led and focused health promotion activities</li> <li>■ Support the provision of opportunities for pre-vocational and vocational training</li> <li>■ Build capacity and sustainability of community groups and community activities.</li> </ul>	<p style="text-align: center;"><b>Objectives</b></p> <ul style="list-style-type: none"> <li>■ Explore options for improved accessibility to transport and telecommunications services</li> <li>■ Support communities to explore possibilities for improved community facilities, play facilities etc</li> <li>■ Examine possibilities for the relocation of some health and personal social services</li> <li>■ Build community capacity in relation to awareness of statutory and other responsibilities. Develop effective lobbying skills.</li> </ul>